Albuquerque Local and Regional Outdoor Destinations

Part I: Local Hikes and Walks
Part II: Day Trips from Albuquerque

NOTE: Albuquerque Open Space trail maps can be found at this link: https://www.cabq.gov/parksandrecreation/open-space/facilities-map

Directions and trail descriptions (with maps) for many destinations may be found on the Albuquerque Senior Centers Hiking Group webpage: https://aschg.org/published-hikes/ However, NPSNM field trips do not require elevations or distances in these descriptions.

Members are encouraged to join the Albuquerque (members-only) Facebook group, Native Plant Soc. of NM, Albuquerque Chapter, www.facebook.com/groups/3693433097360924. Share experiences with fellow ABQ members; post and/or see photos of flowers on hikes and walks; make comments; ask questions; etc.

Part 1. Hikes and walks in the Albuquerque area

**Rio Grande valley bosque, ALL EASY**, from:
- ABQ Open Space Visitor Center
- Alameda Open Space (riverside north)
- Bachechi Open Space
- Corrales bosque (riverside)
- Oxbow Trail
- Rio Grande Valley State Park
- Shining River Riverside Access, Los Ranchos de Albuquerque
- Tingley Beach (riverside trails and ponds)
- Valle de Oro National Wildlife Refuge

**Sandia Mountains (west)**
- Bear Canyon - Moderate
- Domingo Baca Trail at Elena Gallegos - Moderate
- Embudito Trail – Moderate / Strenuous
- Embudo Trail – Moderate / Strenuous
- Foothills Trail at Elena Gallegos - Moderate
- Foothills Trail at Indian School Rd. - Moderate
- Juan Tabo Trail (FR 333) - Moderate
- Pino Trail - Strenuous

**Sandia Mountains (south):**
- Four Hills/Manzano Open Space – Moderate / Strenuous
- Three Gun Springs Trail – Moderate / Strenuous
Sandia Mountains (east):
  - Cienega Canyon - Moderate
  - Tree Spring Trail - Strenuous
  - Tecolote Trail - Moderate
  - Balsam Glade - Easy
  - 10K Trail - Moderate / Strenuous
  - Ellis Trail - Moderate / Strenuous
  - Crest Trail, south to CCC Cabin - Moderate / Strenuous
  - Crest Trail, north to Del Agua Overlook - Moderate / Strenuous

Tijeras:
  - Carlito Springs Open Space - Easy / Moderate
  - Gutierrez-Milne Open Space (Cedar Crest) - Easy
  - Gutierrez Open Space (Zuzax) - Moderate
  - Golden Open Space (Madera Road) - Moderate / Strenuous

Manzanita Mountains
  - Birdhouse Ridge / Tunnel Canyon - Moderate / Strenuous
  - Juan Tomas / Sabino Canyon Open Space (Juan Tomas Rd.) - Moderate
  - Oak Flat Picnic Area and Trail - Easy / Moderate
  - Pine Flats Picnic Area - Easy / Moderate

Manzano Mountains
  - Fourth of July Canyon - Moderate / Strenuous
  - New Canyon - Moderate / Strenuous
  - Red Canyon - Moderate / Strenuous
  - Quarai Ruins National Monument - Easy

North of Albuquerque:
  - Coronado State Park (Bernalillo) - Easy
  - Mariposa Community trails, Rio Rancho - Easy / Moderate
  - Placitas: Las Huertas Open Space - Easy / Moderate
  - Placitas: Strip Mine Trails - Easy / Moderate

Westside of Albuquerque:
  - Petroglyphs National Monument: Boca Negro - Easy
  - Petroglyphs National Monument: Mesa Prieta - Easy / Moderate
  - Petroglyphs National Monument: Rinconada Canyon - Easy / Moderate
  - Petroglyphs National Monument: Volcanoes - Easy / Moderate
Part 2. **Field trips farther afield (day-hikes):**

**Ball Ranch (BLM)** – Moderate / Strenuous

**Bandelier National Monument** (from campground) – Moderate / Strenuous

**Cerrillos Hills State Park** – Moderate

**Las Lunas:** Cerro de Las Lunas, Bowl Trail – Moderate

**Glorieta Adventure Camp** – Moderate / Strenuous

**Grants, NM:**
  - Continental Divide Trail – Strenuous
  - Mount Taylor – Strenuous

**Ice Caves & volcano** [private; fee for access] – Moderate / Strenuous

**Jemez Mountains:**
  - Cerro Grande – Moderate / Strenuous
  - Paliza Canyon – Moderate / Strenuous
  - Jemez Falls – Moderate
  - Las Conchas Trail – Moderate
  - Valles Caldera National Preserve – Moderate

**Magdalena Mountains:**
  - Magdalena Mesa – Moderate / Strenuous
  - Water Canyon – Strenuous

**El Malpais National Monument:**
  - El Calderon (volcanic cone) – Moderate / Strenuous
  - Narrows Trail – Moderate / Strenuous
  - Sandstone Bluffs – Moderate

**El Moro National Monument** – Moderate

**Fenton Lake State Park** – Moderate

**Ojito Wilderness:**
  - Seismosaurus Trail - Moderate
  - White Ridge Bike Trails - Moderate

**Quebradas Back Country Byway (Socorro, NM):**
  - Arroyo Tinajas (lower) – Moderate / Strenuous
  - Arroyo del Tajo (upper) – Easy / Moderate
San Antonio / Bosque del Apache NWR:
   Chupadero Peak – Strenuous
   Indian Wells Trail – Moderate

San Juan Basin badlands, Cuba, NM area – ALL Moderate / Strenuous:
   Mesa Chujuilla
   Mesa Penistaja
   Ceja Pelon
   Cejita Blanca

San Lorenzo Canyon – Easy / Moderate

San Pedro Parks Wilderness:
   San Gregorio Reservoir – Moderate / Strenuous
   Las Vacas Trail – Moderate / Strenuous

San Ysidro: Bike Trials area – Moderate / Strenuous

Santa Fe area:
   La Cienega – Easy / Moderate
   Lenora Curtain Wetland Preserve – Easy
   Galisteo Basin Preserve – Moderate
   Nambe Badlands – Moderate
   Santa Fe Botanical Garden – Easy
   Santa Fe Ski Basin – Moderate / Strenuous

Santa Rosa:
   Blue Hole Cienega – Moderate
   Santa Rosa State Park – Moderate

Sevilleta National Wildlife Refuge – Moderate

To'hajilee:
   Herrera Mesa – Moderate / Strenuous
   La Mesita Blanca – Moderate / Strenuous

White Rock, NM: Red Dot Trail – Strenuous

Zuni Mountains:
   Oso Ridge (Lookout Tower) – Moderate / Strenuous
   Mount Sedgwick – Strenuous