

Albuquerque Local and Regional Outdoor Destinations

Part I: Local Hikes and Walks

Part II: Day Trips from Albuquerque

Selected sources for hiking and trail information:

Albuquerque Open Space trail maps:

<https://www.cabq.gov/parksandrecreation/open-space/facilities-map>

Albuquerque Senior Centers Hiking Group:

<https://aschg.org/published-hikes/>

Note: NPSNM field trips do not require elevations or distances in these descriptions.

Cibola National Forest Day Hiking areas:

<https://www.fs.usda.gov/activity/cibola/recreation/hiking/?recid=64042&actid=50>

Manzanita Mountains Trail System (map):

https://www.fs.usda.gov/Internet/FSE_DOCUMENTS/fseprd555098.pdf

Sandia Mountain Trails (list, map):

https://www.fs.usda.gov/Internet/FSE_DOCUMENTS/fseprd574112.pdf

*Note: to access the links on this page, please copy and paste them into your browser, or download this PDF for a clickable version.



Members are encouraged to join the Albuquerque (members-only) Facebook group, Native Plant Soc. of NM, Albuquerque Chapter:

<https://www.facebook.com/groups/3693433097360924> .

Share experiences with fellow ABQ members; post and/or see photos of flowers on hikes and walks; make comments; ask questions; etc.

Part 1. Hikes and walks in the Albuquerque area

Rio Grande valley bosque, ALL EASY, from:

- ABQ Open Space Visitor Center
- Alameda Open Space (riverside north)
- Bachechi Open Space
- Corrales bosque (riverside)
- Rio Grande Oxbow
- Rio Grande Valley State Park
- Shining River Riverside Access, Los Ranchos de Albuquerque
- Tingley Beach (riverside trails and ponds)
- Valle de Oro National Wildlife Refuge

Sandia Mountains (west)

- Bear Canyon - Moderate
- Domingo Baca Trail at Elena Gallegos - Moderate
- Embudito Trail – Moderate / Strenuous
- Embudo Trail – Moderate / Strenuous
- Foothills Trail at Elena Gallegos - Moderate
- Foothills Trail at Indian School Rd. - Moderate
- Juan Tabo Trail (FR 333) - Moderate
- Pino Trail - Strenuous

Sandia Mountains (south):

- Four Hills/Manzano Open Space – Moderate / Strenuous
- Three Gun Springs Trail – Moderate / Strenuous

Sandia Mountains (east):

- 10K Trail - Moderate / Strenuous
- Balsam Glade - Easy
- Cienega Canyon - Moderate
- Crest Trail, north to Del Agua Overlook - Moderate / Strenuous
- Crest Trail, south to CCC Cabin - Moderate / Strenuous
- Ellis Trail - Moderate / Strenuous
- Tecolote Trail - Moderate
- Tree Spring Trail - Strenuous

Tijeras:

- Carlito Springs Open Space - Easy / Moderate
- Golden Open Space (Madera Road) - Moderate / Strenuous
- Gutierrez Open Space (Zuzax) - Moderate
- Milne Open Space (Cedar Crest) - Easy

Manzanita Mountains

Birdhouse Ridge / Tunnel Canyon - Moderate / Strenuous
Cedro Creek Nature Trail, Otero Canyon - Easy
Oak Flat Picnic Area and Trail - Easy / Moderate
Pine Flats Picnic Area - Easy / Moderate
Sabino Canyon Open Space (Juan Tomas Rd.) - Moderate

Manzano Mountains:

Fourth of July Canyon - Moderate / Strenuous
New Canyon - Moderate / Strenuous
Quarai Ruins National Monument - Easy
Red Canyon - Moderate / Strenuous

North of Albuquerque:

Coronado State Park (Bernalillo) - Easy
Mariposa Community trails, Rio Rancho - Easy / Moderate
Placitas: Las Huertas Open Space - Easy / Moderate
Placitas: Strip Mine Trails - Easy / Moderate

Westside of Albuquerque:

Paseo de Volcan Trail - Easy
Petroglyphs National Monument: Boca Negro - Easy
Petroglyphs National Monument: Mesa Prieta - Easy / Moderate
Petroglyphs National Monument: Rinconada Canyon - Easy / Moderate
Petroglyphs National Monument: Volcanoes - Easy / Moderate



Part 2. Field trips farther afield (day-hikes):

Ball Ranch (BLM) – Moderate / Strenuous

Bandelier National Monument (from campground) – Moderate / Strenuous

Belen – Whitfield Wildlife Conservation Area

Cerrillos Hills State Park – Moderate

Glorieta Adventure Camp – Moderate / Strenuous

Grants, NM:

Continental Divide Trail – Strenuous

Mount Taylor – Strenuous

Ice Caves & volcano [private; fee for access] – Moderate / Strenuous

Jemez Mountains:

Cerro Grande – Moderate / Strenuous

Fenton Lake State Park – Easy / Moderate

Jemez Falls – Moderate

Las Conchas Trail – Easy

Paliza Canyon – Moderate / Strenuous

Valles Caldera National Preserve (various) – Moderate

Los Lunas: Cerro de Los Lunas Preserve

Bowl Trail – Moderate

Peak Trail – strenuous

Magdalena Mountains:

Magdalena Mesa – Moderate / Strenuous

Water Canyon – Strenuous

El Malpais National Monument:

El Calderon (volcanic cone) – Moderate / Strenuous

Narrows Trail – Moderate / Strenuous

Sandstone Bluffs – Moderate

El Moro National Monument – Moderate

Ojito Wilderness:

Seismosaurus Trail - Moderate

White Ridge Bike Trails - Moderate

Quebradas Back Country Byway (Socorro, NM):

Arroyo del Tajo (upper) – Easy / Moderate
Arroyo Tinajas (lower) – Moderate / Strenuous

San Antonio / Bosque del Apache NWR:

Chupadero Peak – Strenuous
Indian Wells Trail – Moderate

San Juan Basin badlands, Cuba, NM area – ALL Moderate / Strenuous:

Ceja Pelon
Cejita Blanca
Mesa Chujuilla
Mesa Penistaja

San Lorenzo Canyon – Easy / Moderate

San Pedro Parks Wilderness:

Las Vacas Trail – Moderate / Strenuous
San Gregorio Reservoir – Moderate / Strenuous

Santa Fe area:

La Cienega – Easy / Moderate
Lenora Curtain Wetland Preserve – Easy
Galisteo Basin Preserve – Moderate
Nambe Badlands – Moderate
Santa Fe Botanical Garden – Easy
Santa Fe Ski Basin – Moderate / Strenuous

Santa Rosa:

Blue Hole Cienega – Moderate
Santa Rosa State Park – Moderate

San Ysidro: Bike Trials area – Moderate / Strenuous

Sevilleta National Wildlife Refuge – Moderate

To'hajillee:

Herrera Mesa – Moderate / Strenuous
La Mesita Blanca – Moderate / Strenuous

White Rock, NM: Red Dot Trail – Strenuous

Zuni Mountains:

Bluewater Lake State Park – Easy / Moderate
Mount Sedgwick – Strenuous
Oso Ridge (Lookout Tower) – Moderate / Strenuous